

April Fools Diving Invite

Sunday, April 6th
SUNY Fredonia

Location:

Steele Hall Natatorium
Hosted by the Buffalo Blizzard Diving Club

Meet Director:

Alexandra Pucci-Schaefer (Buffalo Blizzard Diving Coach)
Cell: 716-401-9775
Email: pucc6102@fredonia.edu

Event Fees:

\$35 per event

Meet Registration:

DiveLiveAPP.com

Entries:

Age groups: 9U, 10-11, 12-13, 14-15, 16-18
Novice & Syncro Competitions

Facility:

12 1/2' Deep Diving Well
Two 1-meter Maxiflex Model B Springboards on Durafirm Stands
One 3-meter Maxiflex Model B Springboards on Durafirm Stands

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- AAU/Fina events will be AAU National Qualifying events and follow FINA rules.
Divers will dive in their FINA age group - age as of December 31, 2025.
- Divers must be registered with AAU and have in their possession a current AAU card membership.
- AAU membership is not included as part of the entry fee to the event.
- AAU memberships must be obtained before the competition begins.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

April Fools Diving Invite

April 6th

Event schedule: (Times are approximate)

Novice 1 Meter and 3 Meter will run simultaneously

Note: All Novice divers should be on the pool deck by 8:30 AM

8:00-8:30 AM	Diver Registration
9:00 AM	Novice Warm Up
9:30 AM	National Anthem
9:35 AM	Novice Event #1
10:00 AM	Warm Up
10:30 AM	Novice Event #2

Novice and AAU/FINA Syncro Competition

Syncro Registration will take place on deck at the meet only!

\$35 per team

11:00 AM	Syncro Warm Up (after Novice awards)
11:30 AM	Event #3 - All Groups Syncro

AAU/FINA 1-Meter and 3-Meter Events will run simultaneously. (Times are approximate)

Note: Divers should be on deck at 11:00 AM to check in.

12:00 PM	Warm Up
12:30 PM	FINA Age Group Event #4
1:30 PM	Warm Up
2:30 PM	FINA Age Group Event #5

Novice Events - For divers who do not have the dives necessary to compete a FINA list and need to substitute a skill to enter competition. All dives and skills will be given a DD of 1.0.

Novice Requirements

Novice 9 & Under	Novice 10-11	Novice 12-13	Novice 14-15	Novice 16-18
4 Dives or Skills	5 Dives or Skills	6 Dives or Skills	6 Dives or Skills	7 Dives or Skills

Novice Skills Bank:

Jumps

100A Front Jump Straight
100B Front Jump Pike
100C Front Jump Tuck
200A Back Jump Straight
200B Back Jump Pike
200C Back Jump Tuck

Line Ups

001A Forward Entry Straight
001B Forward Entry Pike
001C Forward Entry Tuck
002A Back Entry Straight
002B Back Entry Pike
002C Back Entry Tuck

Twists

5101 Front Jump 1/2 Twist
5102 Front Jump 1 Twist
5104 Front Jump 2 Twists
5201 Back Jump 1/2 Twist
5202 Back Jump 1 Twist
5203 Back Jump 1 1/2 Twists

Event Details

Event #1 AAU

9 & Under Girls	3M Novice
10-11 Girls	3M Novice
12-13 Girls	3M Novice
14-15 Girls	3M Novice
16-18 Girls	3M Novice

9 & Under Boys	1M Novice
10-11 Boys	1M Novice
12-13 Boys	1M Novice
14-15 Boys	1M Novice
16-18 Boys	1M Novice

Event #2 AAU

9 & Under Girls	1M Novice
10-11 Girls	1M Novice
12-13 Girls	1M Novice
14-15 Girls	1M Novice
16-18 Girls	1M Novice

9 & Under Boys	3M Novice
10-11 Boys	3M Novice
12-13 Boys	3M Novice
14-15 Boys	3M Novice
16-18 Boys	3M Novice

Event #3 Synchro

13 & Under	4 Dives or Skills
14 & Over	5 Dives Total



2 Voluntaries at 2.0 and 3
Optionals without limit

Event #4

9 & Under Girls	3M AAU
10-11 Girls	3M AAU
12-13 Girls	3M AAU
14-15 Girls	3M AAU
16-18 Girls	3M AAU

9 & Under Boys	1M AAU
10-11 Boys	1M AAU
12-13 Boys	1M AAU
14-15 Boys	1M AAU
16-18 Boys	1M AAU

Event #5

9 & Under Girls	1M AAU
10-11 Girls	1M AAU
12-13 Girls	1M AAU
14-15 Girls	1M AAU
16-18 Girls	1M AAU

9 & Under Boys	3M AAU
10-11 Boys	3M AAU
12-13 Boys	3M AAU
14-15 Boys	3M AAU
16-18 Boys	3M AAU

Competition Requirements

AAU\FINA Events

Events will be National qualifying events and will follow FINA rules.

NO CHANGES will be made to diving sheets 1 hour prior to the start of the FINA event.

AAU\FINA Boys and Girls 9 & Under

4 Dives

3 Voluntary Dives from different groups

1 Optional Dive

Max Vol DD 5.4

AAU\FINA Boys and Girls 10-11

5 Dives

3 Voluntary Dives from different groups

2 Optional Dives from different groups

Max Vol DD 5.4

AAU\FINA Boys and Girls 12-13

Boys - 8 Dives

5 Voluntary Dives from different groups

3 Optional Dives from different groups

1M Max Vol DD 9.0

Girls - 7 Dives

3M Max Vol DD 9.5

5 Voluntary Dives from different groups

2 Optional Dives from different groups

AAU\FINA Boys and Girls 14-15

Boys - 9 Dives

5 Voluntary Dives from different groups

4 Optional Dives from different groups

1M Max Vol DD 9.0

Girls - 8 Dives

3M Max Vol DD 9.5

5 Voluntary Dives from different groups

3 Optional Dives from different groups

AAU\FINA Boys and Girls 16-18

Boys - 10 Dives

5 Voluntary Dives from different groups

5 Optional Dives from different groups

1M Max Vol DD 9.0

Girls - 9 Dives

3M Max Vol DD 9.5

5 Voluntary Dives from different groups

4 Optional Dives from different groups