



## DIVING CLINIC AT VICTOR CSD POOL

- 01 Fun**  
Every class is a new adventure in diving skills
- 02 Safe**  
Correct progressions at your child's learning pace
- 03 Fundamentals**  
We use a 12 level system to guide your child's success
- 04 Self Confidence**  
With small challenges and successes your child will build self confidence



**They all seem to be having so much fun, while giving it quite a bit of focus - I love it!**

# VICTOR CSD DIVING CLINIC

Diving lessons to help your child succeed

## ABOUT US

Upstate Diving is the #1 Developmental Diving Club in the United States, winning the AAU Diving Nationals in 2017, 2018, and 2019.

## COACHES

Cliff Devries - Head Diving Coach  
Greg Brandes - Assistant Coach

## CLINIC DATES & TIMES

AUGUST 7-11  
3:00-4:00 PM BEGINNER OR 3:00-5:00 PM INTERMEDIATE

## CLINIC PRICES

\$50 BEGINNER OR \$75 INTERMEDIATE

Victor CSD Aquatic Center  
953 High Street  
Victor, NY 14564

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**More Information:**  
www.upstatediving.com