

# NOVEMBER 2018

## UPSTATE DIVING PRACTICE SCHEDULE

CALENDAR MONTH	NOVEMBER
CALENDAR YEAR	2018
1ST DAY OF WEEK	SUNDAY
SCHEDULE CHANGE	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire RIT Pool 6-8pm Blaze RIT Pool 6-8pm LTD Dryland 6-6:45pm LTD Dryland 6:45-7:30pm	LTD RIT 8:30-9:15am LTD RIT 9:15-10:00am Lessons RIT 8:30-10:00am Lessons Dryland 10:30-12:00 Fire Dryland 10:30-12:00
4	5	6	7	8	9	10
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm Columbus Day	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire RIT Pool 6-8pm Blaze RIT Pool 6-8pm LTD Dryland 6-6:45pm LTD Dryland 6:45-7:30pm	LTD RIT 8:30-9:15am LTD RIT 9:15-10:00am Lessons RIT 8:30-10:00am Lessons Dryland 10:30-12:00 Fire Dryland 10:30-12:00
11	12	13	14	15	16	17
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire RIT Pool 6-8pm Blaze RIT Pool 6-8pm LTD Dryland 6-6:45pm LTD Dryland 6:45-7:30pm	LTD RIT 8:30-9:15am LTD RIT 9:15-10:00am Lessons RIT 8:30-10:00am Lessons Dryland 10:30-12:00 Fire Dryland 10:30-12:00
18	19	20	21	22	23	24
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	No Practice - Thanksgiving	Fire Blaze Dryland 8:00- 10:00am	Fire Blaze Dryland 8:00- 10:00am LTD Dryland 10:00- 10:45am
25	26	27	28	29	30	1
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire Blaze Dryland 6:00- 8:00pm	
2	3	Notes				