

# DECEMBER 2018

## UPSTATE DIVING PRACTICE SCHEDULE

CALENDAR MONTH	DECEMBER
CALENDAR YEAR	2018
1ST DAY OF WEEK	SUNDAY
SCHEDULE CHANGE	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
						LTD Dryland 8:30-9:15am LTD Dryland 9:15-10:00am Lessons Dryland 10:30-12pm Fire Dryland 10:30-12pm
2	3	4	5	6	7	8
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire RIT Pool 6-8pm Blaze RIT Pool 6-8pm LTD Dryland 6-6:45pm LTD Dryland 6:45-7:30pm	Upstate Diving Holiday Invitational at RIT
9	10	11	12	13	14	15
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire RIT Pool 6-8pm Blaze RIT Pool 6-8pm LTD Dryland 6-6:45pm LTD Dryland 6:45-7:30pm	LTD Dryland 8:30-9:15am LTD Dryland 9:15-10:00am Lessons Dryland 10:30-12pm Fire Dryland 10:30-12pm
16	17	18	19	20	21	22
Platform 2:30-5:00pm UB POOL	Fire Dryland 6-8pm Blaze RIT Pool 6-8pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD RIT Pool 6-6:45pm	Fire Blaze RIT Pool 6:00 8:00pm	Sparks Dry 4:45-5:45pm Sparks RIT 6:00-7:30pm Blaze Dryland 6-8pm LTD Dryland 6-6:45pm	Fire RIT Pool 6-8pm Blaze RIT Pool 6-8pm LTD Dryland 6-6:45pm LTD Dryland 6:45-7:30pm	LTD RIT Pool 8:30-9:15am LTD RIT Pool 9:15-10:00am Embers Dryland 10:30-12pm Fire Dryland 10:30-12pm
23	24	25	26	27	28	29
	Christmas Eve - No Practice	Christmas - No Practice	Fire Blaze Dryland 8:00- 10:00am	Blaze Dryland 8:00- 10:00am Sparks Dryland 8:30-10:00am	Fire Blaze Dryland 8:00- 10:00am LTD Dryland 9:15- 10:00am	Fire Dryland 8:00- 10:00am Lessons/Embers Dryland 8:30-10:00am
30	31	Notes				
	New Years Eve - No Practice					